

New Client Intake Form

Please Answer the Following Questions:		J. Women Only*
		A. Pregnancy history?
1.	Name:	• currently pregnant: yes no
2.	Birthdate:	• pregnancies:
3.	Address:	• deliveries:
		• types (c-section or vaginal):
4.	Phone #:	• dates:
5.	E-mail:	B. Date of Last Menstrual Cycle:
6.	Best contact method:	C. Menopause? yes no
	A. call	D. Osteopenia/Osteoporosis? yes no
	B. text	
	C. email	K. Any medical disease/disorder that could
	D. other	prevent you from participating in vigorous
		physical activity?
7.	How did you hear about Hnath PT?	
8.	What goal(s) would you like to achieve?	10. Medications/Supplements (please list):
9.	Medical History (please list):	
	E. Recent injuries?	11. Primary Care Physician
		1. Name:
		2. Contact #:
	F. Recent surgeries?	12. Emergency Contact:
	•	1. Name:
		2. Relationship:
	G. Cardiovascular disease? yes no	3. Contact #:
	H. High/Low blood pressure? yes no	
	I. Diabetes? ves no	